



STONE CANYON SUMMER CAMP SC²

Parent Handbook

We are privileged you have chosen to entrust us with the care of your child this summer. We take this responsibility seriously, and we wish to partner with parents and families in providing the best care possible for your child. Please help us achieve this by reading this handbook and discussing it with your child or children.

Be excited for your child! We know that being away can cause anxiety for both you and your child. Help your child succeed by being enthusiastic about their experience. Rather than saying “We are going to miss you so much,” tell your child “We can’t wait to hear about your adventures when you get back!”

CAMP COMMUNICATION

There are two main ways you can communicate with your camper while they are at camp

1. Sending letters or packages in the mail. Campers may receive mail at camp and they can send mail daily. We even suggest sending a letter before your child leaves for camp so they receive a letter right away! You may also drop off predated letters at camp on arrival day. We will deliver the letters according to the assigned date on the envelope. If you are sending your camper letters in the mail please address them the following way:

Stone Canyon Outdoor EdVentures
Your Camper’s Name
12163 S. Perry Park Rd.
Larkspur CO 80118

2. You can also write your camper emails each day – 1 email will be printed per camper per day. Emails are printed every day at 1 pm and delivered to campers each day. Any emails sent after 1 pm will be delivered the next day. When sending emails please include your camper’s name in the subject line. Please send all camper emails to the following address:

mail@stonecanyonedge.org

Mail is not delivered on arrival and departure days (Sunday and Saturday)

Feel free to write cards and letters frequently, but make an effort to not emphasize how much you miss your camper, or all of the things he or she may be missing at home.

Please do not mail food, candy or gum to your camper during their session, even if they ask you to do so! *Food attracts critters!* However, campers love small packages with items such as a book, comics, a little game or art item, cards, etc. All packages to campers are opened in the presence of staff, and any food brought or mailed to camp will be discarded. Campers are permitted one care package per session of camp.



STONE CANYON SUMMER CAMP SC²

Parent Handbook

If you should receive a questionable letter from your child regarding homesickness, illness, cabin adjustment, etc. please do not hesitate to call the camp administrator, Amy. We appreciate any assistance from you and encourage open communication at all times. Please keep in mind that in some cases, a letter written early on may not reflect how your camper is feeling by the time you receive it.

Telephone Policy

Campers are not permitted to receive phone calls at camp. The exceptions that can be made are for family emergencies or a camper's birthday. Parents are welcome to call the camp administration whenever they wish. We don't limit this type of contact to be mean, but rather for very important reasons. First, one of the most important benefits of camp is the self-reliance and independence that children gain during this time. Telephone calls frequently defeat this goal.

Next, campers are not permitted to bring cell phones or any Internet accessible electronics to camp. Most cell phones now have Internet access and games. One of the goals of camp is to "unplug" and to experience authentic, face-to-face interactions with real friends.

We will call you if your child is in the Infirmary or if there are any other concerns for your child's health or safety. We will also call you if we need to speak to you about how your child is doing at camp.

Digital Photography Policy

We do allow digital cameras at camp, but please teach your child to take responsibility for their camera should they choose to bring it. We highly recommend using disposable cameras to camp.

We expect that campers will want to take photographs of some of their experiences while at camp! While this is a very normal practice, we do not allow under any circumstances photos to be taken inside of the bunks while at camp. We wish to avoid any instances of another child being photographed while changing or in a space that has been deemed safe. Our staff takes great care for every child's comfort and safety, and it is for this purpose we do not allow photography inside any living quarters.

PREPARING FOR CAMP

- Teach your child to accept their share of responsibility at home. Encourage good health and hygiene habits, and the care of their personal belongings.
- Involve your child in camp-related decisions such as shopping for "camp stuff", completing the camper questionnaire, and packing their own belongings. It will be comforting for your child to have some control and ownership in the camp process.



STONE CANYON SUMMER CAMP SC²

Parent Handbook

- Encourage practice time away from home, like a sleepover at a friend or family member's home.
- Discuss and process any recent stressful events at home or school before your child comes to camp. Unresolved negative life events may cause worry and anxiety and may influence their enjoyment of camp.
- Problem solve. Before going to camp, think through some possible situations that could arise. For example,
 - "What would you do if your flashlight's batteries didn't work?"
 - "What would you do if you got a headache?"
 - "What would you do if you ran out of clean socks or your shoes were sopping wet?"
 - "Who would you talk to if you weren't getting along with somebody in your bunk?"

PACKING FOR CAMP

We suggest campers back for 7-9 days. We recommend large duffel bags or a large, flat, plastic tote. In order to conserve space in the bunks, please limit your camper to one bag and one tote, or two bags. Your campers' daypack is not included in that count.

Please do not pack any items such as: iPods, iPads, Nintendo DS, mp3 players, cell phones, tablets or any other Internet accessible devices.

We guarantee there are enough fun things to do at camp. To facilitate the social growth, we don't want campers to separate themselves from making friends. Stone Canyon is not responsible for lost, stolen or broken items.

Any dangerous items should be left at home; these included but are not limited to knives (even pocket knives), firearms, fireworks, lighters, or any weapon. They are not permitted at camp and can result in a camper's dismissal from Stone Canyon.

In order for your child to be as comfortable and prepared as possible, please look over this packing list closely and adhere to the items and guidelines we have provided. Sudden changes in the weather are not uncommon, and we want your camper prepared! **Check the weather for Larkspur, CO for the week of your child's summer camp session!**

Please be sure that everything your child packs will fit into one suitcase/duffel bag/tote (excluding their backpack). We encourage your camper to help pack their luggage for their session, so they know where to find their belongings!



STONE CANYON SUMMER CAMP SC² Parent Handbook

We highly recommend putting your child’s name on the italicized items on the checklist in the event that they are lost.

Packing Checklist

<i>Day pack/backpack</i>	<i>Water bottle</i>
<i>Heavy coat/jacket</i>	<i>Pencil or pens</i>
<i>Light coat/jacket or sweater</i>	<i>Notebook/Letter writing supplies/Stamps</i>
<i>T-shirts (enough for one week)</i>	<i>Bug Spray</i>
<i>Long pants-sturdy material (2-3 pairs)</i>	<i>Flashlight</i>
<i>Shorts (2-3 pairs)</i>	<i>Sunscreen</i>
<i>Closed-toe shoes x2 (tennis shoes/hiking boots – Crocs DO NOT count)</i>	<i>Camping chair or outdoor chair (i.e. a crazy creek or folding camp chair) – these will be used for outdoor evening activities</i>
<i>Socks and underwear (enough for one week)</i>	<i>Chapstick</i>
<i>Journal</i>	<i>Sunglasses/eye protection</i>
<i>Appropriate reading material for bunk time</i>	<i>Camera (disposable HIGHLY recommended)</i>
Towel	Sleepwear
Toothbrush/toothpaste	Pillow
Deodorant (NO AEROSOLS)	Sleeping bag or bedding
Swimsuit	Soap/Shampoo

MEDICATIONS

Medications are defined as prescription medications, over the counter medications, and vitamins/supplements. We adhere to the DCSD policy in regards to the distribution of prescription medications. Any prescription medications must be sent in their original container with accurate labels; medications without the original container may NOT be administered. **ALL medications prescribed or otherwise are turned into our nurse.**

CONTRABAND

The following items are **not** permitted. Should these items be brought to Stone Canyon, they will be collected and given to the school’s teachers and/or administration attending the trip.

- Electronics, including but not limited to: cell phones, mp3 players, tablets, laptops, gaming systems
- Matches/lighters
- Pocket knives/multi-tools
- Candy
- Gum
- Aerosol sprays (perfume and deodorants)
- Over the counter medications
- Hair dryers and curling irons



STONE CANYON SUMMER CAMP SC²

Parent Handbook

CAMPER HEALTH AND WELLNESS

Health Form: the completion of the camper health form is required by the start of camp. The health form is read by the Camp Director and qualified health personnel. This includes, but is not limited to, our camp nurse, doctors, nurses, emergency responders, first aid providers, and E.M.T.s. Please be as detailed and forthcoming as possible with your child's physical and psychological health history. Our goal is to provide the best possible care for each and every camper. The information on the health form may be shared with other camp personnel working directly with your child. Please inform the administration if you have information that you do not wish to be shared with particular camp personnel.

In the event your child requires hospitalization or emergency treatment, you will be notified as soon as possible. You will also be notified if your child sees a physician or spends the night in our Infirmary.

The health of all campers is monitored daily by our camp nurse. All prescriptions and medications are kept and dispensed by our nurse. Medications are not to be kept by campers. A dental and/or orthodontic check-up is highly recommended prior to the camp session.

Camp Wellness

Upon arrival, our staff performs a lice-check and general health screening for each camper. Campers will not be permitted to attend camp if they have any fever or communicable disease.

Check-in/Check-out

Check in is on Sunday between 1:30 and 3 p.m. Please do not arrive earlier than 1:30 p.m. as much of our staff will be getting camp ready and may not be able to greet you and look after your child. During check in, campers meet their counselor and cabin-mates; campers will also receive a health screening. Campers will not be allowed to check in if they are running a fever or if they have lice.

At 3:30 p.m., we begin with an all-camp welcome and introductions!

Check out takes place on Saturday between 10:30 am and 11:30 am.



STONE CANYON SUMMER CAMP SC²

Parent Handbook

Dismissal from Camp

If a child behaves or makes choices in a way that we determine to be potentially harmful to the physical or emotional safety of themselves or others, or engages in a behavior that could be considered unlawful, it is at the camp director's discretion to remove and dismiss a child from camp. If this should take place, a parent or guardian will be contacted to make arrangements for a child's return home. Parents will have no more than 12 hours before their child must be off camp premises. Failure to do so could result in the child being turned over to protective or social services. Removal of a child from camp will be at the parent's expense, and no rebate or refund of tuition will be given. We hope that no child is dismissed from camp, but we will take the necessary measures to ensure the safety of every child in camp at all times.

Now that you have registered please ensure you have the following documents for check in day

- Physical
 - o We require a physical examination to be performed by a physician. If your child has received a physical in the past 365 days you may turn in that form. No specific physical form is required, an example can be found on our website
<https://www.stonecanyonedge.org/summercamp/overnight/required-paperwork>
- Medication Release Form signed
 - o This document is required if your child will be taking prescription medications, over the counter medications, and supplements a while at camp. A physician must sign this document and all medications must be brought to camp in their original prescription package. The form can be found on our website
<https://www.stonecanyonedge.org/summercamp/overnight/required-paperwork>
- A record of your child's immunizations
 - o State law determines that we can only accept the Colorado Certificate of Immunizations form only. This form can be found on our website
<https://www.stonecanyonedge.org/summercamp/overnight/required-paperwork>