



Sample Menus

Fresh Fruit, Cereal, Oatmeal, & Yogurt available at every breakfast

	BREAKFAST	LUNCH	DINNER
D A Y 1		1st meal Italian Sub Sandwiches Macaroni Salad Chips	Spaghetti and Meat Sauce Caesar Salad Garlic Bread Green Beans Ice Cream Sandwiches
D A Y 2	Mexican Egg Casserole Hash Browns Homemade Muffins	Taco Bar with all fixings Spanish Rice Salad	Teriyaki Chicken Bowl Eggrolls Asian Salad Chocolate Pudding
D A Y 3	French Toast Bacon Eggs	Sack Lunch Turkey Hoagie Chips Fruit Cookie	

	BREAKFAST	LUNCH	DINNER
D A Y 1		Chili Cheese Dogs Tatar Tots Fresh Veggies with Ranch	Chicken Enchilada Casserole Cilantro Rice Refried Beans Churros
D A Y 2	Biscuits and Gravy Sausage Patty Scrambled Eggs	Turkey Noodle Soup Grilled Cheese Sandwiches Jell-O with Fruit	BBQ Chicken Drumsticks Mac and Cheese Streamed Broccoli Homemade Banana Cake
D A Y 3	Pancake Sausage Sandwiches Egg Casserole	Sack Lunch Ham and Cheese Wrap Chips Fruit Cookie	